

Personal action plan

I _____ pledge to read the
E100 Bible Reading Plan in the next:

100 days 20 weeks 1 year 2 years

My plan is to take _____ minutes to read the Bible
and pray:

In the morning During my lunch break
 On the weekend In the evening/before bed
 Other _____

To help me to persevere I will read the E100 with:

My family A small group
 Sunday School Youth group
 Friends _____
Other _____

Steps on the way

To help you on your way follow these steps as you read:

PRAY

before you read, asking God to help you understand.

READ

the Bible passage for the day – preferably more than once.

REFLECT

on the passage. Write your thoughts in a journal.

APPLY

what God teaches you from His Word to your life.

PRAY

again, asking God to live out His Word.

E100 Bible Reading Challenge!

You are one of millions of Christians throughout the world
who have taken the challenge to read E100 this year.
Support one another through daily prayer.

You can do it!

If reading the Bible from cover to cover seems daunting,
follow the E100, an exciting plan to read through the
Bible in one year. It takes you to 50 essential passages
from the Old Testament and 50 essential passages from
the New Testament which help you get the big picture.
Track your progress by ticking off the passage as you read.
You can start any time you want.

How do I begin?

1. Choose a Bible that's easy for you to read.
2. Choose a time and a place to read every day.
3. Track your progress by ticking the passages as you read.
4. Join a friend or a reading group.
5. Make it a family project.

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the Bible on your cellphone.

www.biblesociety.co.za



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the E100 Bible Reading Challenge please contact:

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su.org.za/e100; www.su.org.za or

Bible Society of South Africa: 021 910 8705
e-mail: biblia@biblesociety.co.za; www.biblesociety.co.za



Bible Reading Challenge

South African Edition



Warning!
E100 COULD BE LIFE-CHANGING!



bible society
of south africa

SU
SOUTH AFRICA

Reach for the goal!

Almost at the halfway mark!

Strive for the prize!

Final stretch!

Tick to track your progress

1	6	11	16	21	26	31	36	41	46	51	56	61	66	71	76	81	86	91	96
2	7	12	17	22	27	32	37	42	47	52	57	62	67	72	77	82	87	92	97
3	8	13	18	23	28	33	38	43	48	53	58	63	68	73	78	83	88	93	98
4	9	14	19	24	29	34	39	44	49	54	59	64	69	74	79	84	89	94	99
5	10	15	20	25	30	35	40	45	50	55	60	65	70	75	80	85	90	95	100

OLD TESTAMENT

NEW TESTAMENT

IN THE BEGINNING		
1	Creation	Genesis 1:1-2:25
2	The Fall	Genesis 3:1-3:24
3	The Flood	Genesis 6:5-7:24
4	God's Covenant with Noah	Genesis 8:1-9:17
5	Tower of Babel	Genesis 11:1-11:9

THE JUDGES		
26	Israel's Disobedience	Judges 2:6-3:6
27	Deborah Leads Israel	Judges 4:1-5:3
28	Gideon Defeats the Midianites	Judges 6:1-7:25
29	Samson Defeats the Philistines	Judges 13:1-16:31
30	The Story of Ruth	Ruth 1:1-4:22

IN THE BEGINNING		
51	The Word Became Flesh	John 1:1-1:18
52	Gabriel's Message	Luke 1:1-1:80
53	The Birth of Jesus	Luke 2:1-2:40
54	John the Baptist	Luke 3:1-3:20
55	Baptism and Temptation	Matthew 3:13-4:17

THE TRAVELS OF PAUL		
76	The Road to Damascus	Acts 9:1-9:31
77	The First Missionary Journey	Acts 13:1-14:28
78	The Council at Jerusalem	Acts 15:1-15:41
79	More Missionary Journeys	Acts 16:1-20:38
80	The Trip to Rome	Acts 25:1-28:31

ABRAHAM, ISAAC AND JACOB		
6	The Call of Abram	Genesis 12:1-12:20
7	God's Covenant with Abram	Genesis 15:1-15:21
8	Isaac's Birth and "Sacrifice"	Genesis 21:1-22:19
9	Jacob and Esau Compete	Genesis 27:1-28:22
10	Jacob and Esau Reconcile	Genesis 32:1-33:20

THE RISE OF ISRAEL		
31	Samuel Listens to God	1 Samuel 1:1-3:21
32	King Saul	1 Samuel 8:1-10:27
33	David and Goliath	1 Samuel 16:1-18:16
34	David and Saul	1 Samuel 23:7-24:22
35	King David	2 Samuel 5:1-7:29

THE TEACHING OF JESUS		
56	Sermon on the Mount – Part 1	Matthew 5:1-6:4
57	Sermon on the Mount – Part 2	Matthew 6:5-7:29
58	The Kingdom of Heaven	Matthew 13:1-13:58
59	The Good Samaritan	Luke 10:25-10:37
60	Lost and Found	Luke 15:1-15:32

PAUL TO THE CHURCHES		
81	More than Conquerors	Romans 8:1-8:39
82	The Fruit of the Spirit	Galatians 5:16-6:10
83	The Armour of God	Ephesians 6:10-6:20
84	Rejoice in the Lord	Philippians 4:2-4:9
85	The Supremacy of Christ	Colossians 1:1-1:23

THE STORY OF JOSEPH		
11	Sold into Slavery	Genesis 37:1-37:36
12	Prison and Promotion	Genesis 39:1-41:57
13	Ten Brothers go to Egypt	Genesis 42:1-42:38
14	The Brothers Return	Genesis 43:1-44:34
15	Joseph Reveals His Identity	Genesis 45:1-46:7

THE FALL OF ISRAEL		
36	David and Bathsheba	2 Samuel 11:1-12:25
37	King Solomon	1 Kings 2:1-3:28
38	Solomon's Temple	1 Kings 8:1-9:9
39	Elijah and the Prophets of Baal	1 Kings 16:29-19:18
40	The Fall of Jerusalem	2 Kings 25:1-25:30

THE MIRACLES OF JESUS		
61	Feeding the Five Thousand	Luke 9:1-9:36
62	Walking on Water	Matthew 14:22-14:36
63	Healing the Blind Man	John 9:1-9:41
64	Healing a Demon Possessed Man	Mark 5:1-5:20
65	Raising Lazarus from the Dead	John 11:1-11:57

PAUL TO THE LEADERS		
86	Elders and Deacons	1 Timothy 3:1-3:16
87	The Love of Money	1 Timothy 6:3-6:21
88	Good Soldiers of Christ	2 Timothy 2:1-2:26
89	All Scripture is God-breathed	2 Timothy 3:10-4:8
90	The Coming of the Lord	1 Thessalonians 4:13-5:11

MOSES AND THE EXODUS		
16	Birth of Moses	Exodus 1:1-2:25
17	The Burning Bush	Exodus 3:1-4:17
18	The Ten Plagues	Exodus 6:28-11:10
19	Passover and Exodus	Exodus 12:1-12:42
20	Crossing the Red Sea	Exodus 13:17-14:31

PSALMS AND PROVERBS		
41	The Lord is My Shepherd	Psalms 23:1-23:6
42	Have Mercy on Me	Psalms 51:1-51:19
43	Praise the Lord	Psalms 103:1-103:22
44	Godly Wisdom	Proverbs 1:1-4:27
45	Proverbs of Solomon	Proverbs 16:1-18:24

THE CROSS OF CHRIST		
66	The Last Supper	Luke 22:1-22:46
67	Arrest and Trial	John 18:1-18:40
68	The Crucifixion	John 19:1-19:42
69	The Resurrection	John 20:1-21:25
70	The Ascension	Acts 1:1-1:11

THE APOSTLES' TEACHINGS		
91	The Most Excellent Way	1 Corinthians 13:1-13:13
92	A New Creation in Christ	2 Corinthians 4:1-6:2
93	A Living Hope	1 Peter 1:1-2:12
94	Faith and Works	James 1:1-2:26
95	Love One Another	1 John 3:11-4:21

THE LAW AND THE LAND		
21	The Ten Commandments	Exodus 19:1-20:21
22	The Golden Calf	Exodus 32:1-34:35
23	Joshua Succeeds Moses	Joshua 1:1-1:18
24	Crossing the Jordan	Joshua 3:1-4:24
25	The Fall of Jericho	Joshua 5:13-6:27

THE PROPHETS		
46	The Suffering Servant	Isaiah 51:1-53:12
47	Jeremiah's Call and Message	Jeremiah 1:1-3:5
48	Daniel in the Lion's Den	Daniel 6:1-6:28
49	The Story of Jonah	Jonah 1:1-4:11
50	The Day of Judgment	Malachi 1:1-4:6

THE CHURCH IS BORN		
71	The Day of Pentecost	Acts 2:1-2:47
72	Growth and Persecution	Acts 3:1-4:37
73	The First Martyr	Acts 6:8-8:8
74	Sharing the Word	Acts 8:26-8:40
75	Good News for All	Acts 10:1-11:18

THE REVELATION		
96	A Voice and a Vision	Revelation 1:1-1:20
97	Messages to the Churches	Revelation 2:1-3:22
98	The Throne of Heaven	Revelation 4:1-7:17
99	Hallelujah!	Revelation 19:1-20:15
100	The New Jerusalem	Revelation 21:1-22:21

"I have not yet reached my goal, and I am not perfect. But Christ has taken hold of me. So I keep on running and struggling to take hold of the prize." Phil 3:12 (CEV)