



WASHED DENIM  
COTTON

A rectangular label with the words "WASHED DENIM" and "COTTON" printed on it, positioned next to the button.

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# WORSHIP GOD



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## **I am he**

First digital edition 2022

Bible text: The Bible in isiZulu 2020 Translation © Bible Society of South Africa 2020

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Published by the Bible Society of South Africa, P O Box 5500, Tyger Valley 7536,  
Bellville

[www.biblesociety.co.za](http://www.biblesociety.co.za)

Epub format ISBN 978-0-7982-2469-7

Mobi format ISBN 978-0-7982-2470-3

PDF format ISBN 978-0-7982-2471-0

# Isethulo

Ngabe zike khona yini izikhathi lapho uke ufise khona, uma ubukele umabonakude noma ifilimu e-cinema, ukuthi sengathi nave ungake ube ngomunye walabo badlali bale midlalo abanekhono noma mhlawumbe ufise ukuba sengathi ungaba wumdlali othile odumile ojwayele ukumbona kumabonakude? Ngesinye isikhathi uke uthule uzibone usuyilelo qhawe elisuke lisendabeni ethile edlalwayo phambi kwakho. Lapho sekunguwena oliqhawe elidubula izigilamkhuba bese uhenga labo abebethunjiwe; uzibone sekunguwe ozithola usungungwe abesifazane abahle bonke behkala ngawe; uzibone bonke abantu sebekungungile befuna ukuthi ubasayinele ama-autograph, uthole wonke umuntu esekufuna ikheli lakho le-imeyili. Kusebusuku uhleli ubuka uhlelo oluthile lukamabonakude lapho kuxoxwa khona nosaziwayo othile. Kanjalo nalapho futhi ufisa ukuba sengathi uwena lowo izwe elikubukayo; futhi uhalela ukuthi sengathi kungabe kukhulunywa nave ukuze wonke umuntu akuzwe ukhulumu kucelwa ukuba uveze ilaka lakho nombono wakho ngezinto ezenzekayo emhlabeni. Noma ake sithi nje ekuseni kusa uzipulela iphephandaba maqondana nalapho likhuluma khona ngezamabhizinisi, usufunda iholamu ethile ebhalwe ngosomabhizinisi osemncane ogxile emkhakheni wezamakhompyutha noma-IT osedlondlobale ngale ndlela yokuthi izinhlelo zakhe zigcwele umhlaba wonke manje. Khona manjalo usuyazicabangela nje yize ungathandisisi kahle kodwa usufikelwa wumqondo othi: Cha, ushayile lo mlisa! Uyazi nami ngifuna ukufana naye.

Le ncwajana ikumema ukuba ufunde iBhayibheli ukuze uthole izindaba elikutshela zona mayelana nabantu abathile abakhethetkile. Abantu badlala indima ebalulekile eBhayibhelini lonkana. Abanye abantu babesondelene benobudlelwano obuhle kakhulu noNkulunkulu, kanti abanye bamfulathela uNkulunkulu benza ukungalungi. Ngezinye izikhathi babelwa noNkulunkulu. Laba kwakungabantu ababengefani, benezimo eziningi ezahlukene futhi behlukile, abantu ababebhekene nezimo ezehlukile zempilo. Kanti kumuntu ngamunye kulaba, uNkulunkulu wazibonakalisa ngezikhathi nangezimo ezahlukene zempilo. Kanti uNkulunkulu wayesebenza ezimpilweni zalaba bantu ngabanye. Phakathi kwamakhasi ezwi likaNkulunkulu elimangalisayo, wena uzothola ukuthi: Yimina-ke lowo! Ngiyindoda! Kanti futhi uNkulunkulu uyasebenza nasempilweni yami nami!

Hlanganyela nathi uze sizohlangana nabantu esibathola eBhayibhelini.

# UPHILA EBUDLELWANENI NONKULUNKULU

Into ebaluleke kakhulu ngokuba yindoda yangempela ukuba nobudlelwano noNkulunkulu. Ayikwesabi ukuvuma ukuthi iyamdinga uMdali wayo. Njengomuntu kaNkulunkulu, imthanda ngendlela emangalisayo uNkulunkulu noyisizinda sakho konke okuthinta impilo yakhe.

Bese wena uthola ukuthi: Ngiyindoda!

Impilo yakhe ishintsha kakhulu ngemuva kokwamukela uJesu

UJesu wangena eJerikho, wadabula kulo. Kwakukhona indoda okuthiwa nguZakewu, ingumthelisi omkhulu, futhi icebile. Yayifuna ukumbona uJesu ukuthi unguubani, kodwa yehluleka ngenxa yesixuku sabantu, ngokuba yayimfushane. Yagijimela phambili, yagibela esihlahleni somthombe, ukuze imbone, ngokuba wayezakwedlula ngalapho.

UJesu esefikile kuleyo ndawo, wabheka phezulu, wathi kuyo: "Zakewu, shesha wehle, ngokuba namuhla kufanele ngingenise endlini yakho."

UZakewu washesha wehla, wamemukela ngokuthokoza.

Kuthe lapho bekubona lokho, bakhononda bonke, bathi: "UJesu ungenise endlini yendoda eyisoni." Kepha uZakewu wasukuma, wathi eNkosini: "Nkosi, ngipha abampofu ingxene yempahla yami; kuthi uma ngimqolile umuntu okuthile, ngikubuyisele kuye sekuphindwe kane."

UJesu wathi kuye: "Namuhla insindiso ifikile kule ndlu, lokhu naye uyindodana ka-Abrahama. Ngokuba iNdodana yomuntu ize ukuzofunaokusindisa okulahlekileyo."

NgokukaLuka 19:1-10

Uyakhula ngokukamoya njengalokhu efunda ezindla ngeZwi

Umhlabeli uhlabelela ngothando  
Iwakhe IweZwi likaNkulunkulu.

Umthetho wakho ngiwuthanda kakhulu.  
Ngizindla ngawo usuku lonke.  
Ngemiyalo yakho, ngiyahlakanipha  
kunezitha zami,  
ngokuba inami kuze kube phakade.  
Nginokuqonda okubedlula bonke  
abangifundisayo,  
ngokuba ngizindla ngobufakazi bakho.  
Ngiqonda ukwedlula izingwevu,  
ngokuba ngigcina iziyalezo zakho.

Ngiyazinqanda izinyawo zami  
ezindleleni zonke zokubi,  
ukuze ngigcine izwi lakho.  
Ezehlulelweni zakho, angichezuki,  
ngokuba Wena uyangifundisa.  
Anambitheka kamnandi amazwi akho,  
adlula uju emlonyeni wami.  
Ngeziyalezo zakho ngizuza ukuqonda,  
ngalokho-ke ngiyazizonda zonke  
izindlela zamanga.

Izwi lakho liyisibani ezinyaweni zami  
nokukhanya endleleni yami.

Ngifungile,  
futhi ngakuqinisekisa  
ukuthi ngizozigcina izehlulelo zakho  
ezilungileyo.  
Simakade, nigliupheka kakhulu,  
ngiphilise ngokwezwi lakho.  
Simakade, yamukela iminikelo yesihle  
yomlomo wami,  
ungifundise izehlulelo zakho.  
Umphefumulo wami usesandleni  
sami njalo,  
nokho umthetho wakho  
angiwukhohlwa.  
Izikhohlakali zingicuphile,

kepha angichezukanga eziyalezweni  
zakho.  
Ubufakazi bakho buyifa lami  
laphakade,  
ngokuba buwukuthokoza kwenhliziyo  
yami.  
Inhliziyo yami ngiyinamatelise  
ekwenzeni  
izimiso zakho,  
kuze kube sekupheleni.  
Ngiyabazonda abanhliziyo mbili,  
kepha umthetho wakho  
ngiyawuthanda.

AMahubo 119:97-113

## Ukhuleka ngokuzinikela ngokungenamibandela

UDaniyeli waqhube ka nokuhlala njalo  
ekhuleka, naphezu kokuba umbhalo  
wawusulotshiwe nowawunqabela  
ukukhonzwa kwanoma yini noma  
omunye umuntu ngaphandle kwenkosi.

Kwathi lapho uDaniyeli esazi ukuthi  
umbhalo ulotshiwe, wangena endlini  
yakhe, amafasitela ayesekamelweni

lakhe eliphezulu ayevulekele  
ngaseJerusalema, waguqa ngamadolo  
kathathu ngosuku, wakhuleka,  
wabonga uNkulunkulu wakhe,  
njengalokho ayenzile kuqala.  
Ayesebuthana lawo madoda,  
amthola uDaniyeli ekhuleka, enxusa  
kuNkulunkulu wakhe. Asondela  
phambi kwenkosi.

UDaniyeli 6:10-12a

## Uzinikela ekutheni kwenzeke intando kaNkulunkulu ngempilo yakhe

UkuZalwa kukaJesu kwaba kanje:  
uMariya unina kaJesu wayesethenjiswe  
umendo uJosefa; bengakahlangani,  
uMariya watholakala esekhulelw  
ngokukaMoya oNgcwele. Kepha  
uJosefa, indoda yakhe, ngenxa yokuba  
engumuntu olungileyo, akathandanga  
ukumthela ngehlazo, wayefuna  
ukuhlukana naye ngasese.

Kuthe esazindla ngalokhu; bheka  
kwabonakala kuye ingelosi yeNkosi  
ephusheni, ithi: "Josefa, ndodana  
kaDavide, ungesabi ukumthatha

uMariya abe ngumkakho, ngokuba  
lokho akukhuelweyo kungokukaMoya  
oNgcwele. Uzakuzala iNdodana,  
uyiqambe igama uthi nguJesu, ngokuba  
nguye oyakusindisa abantu bakhe  
ezonweni zabo."

UJosefa eseuvukile ebuthongweni,  
wenza njengalokhu imyalile ingelosi  
yeNkosi, wamthatha umkakhe;  
akazange alale naye, waze wazala  
indodana; wayiqamba igama wathi  
nguJesu.

NgokukaMathewu 1:18-21,24-25

## Unikela impilo yakhe eNkosini

U-Enokhi wayehamba noNkulunkulu. Wanyamalala, ngokuba uNkulunkulu wamthabatha.

IGenesis 5:24

Ngokukholwa, u-Enokhi wathathwa ukuze angaboni ukufa, akazange esafunyanwa, ngokuba uNkulunkulu

wayemthabathile. Ngokuba engakathathwa wafakazelwa ukuthi wayemthokozisa uNkulunkulu.

KumaHebheru11:5

## Akaziqondi ngaso sonke isikhathi izindlela zikaNkulunkulu

Wayeyindoda enjalo-ke uGideyoni waseBhayibhelini:

Ingelosi kaSimakade yabonakala kuye, yathi: "USimakade unawe, qhawe elinamandla."

UGideyoni wathi kuyo: "Kodwa mnumzane, uma uSimakade enathi,

kungani kwenzeke konke lokhu kithi, na? Zippi zonke izenzo zakhe ezimangalisayo, okhoko bethu abasioxela ngazo, bethi: 'Akazange yini uSimakade asikhuphule eGibhithe, na?' Kepha manje uSimakade usilahlile, wasinikela esandleni sabakwaMidiyani."

Abelhuleli 6:12-13

## Naphezu kwezinga empilweni yakhe, uhlala ngaso sonke isikhathi ebheke kuNkulunkulu ukuthi amnike amandla

Noma umkhwane ungeqhakaze, nemivini ingabi nazithelo, nomsebenzi womnqumo ungaphumeleli, amasimi angabi nasivuno, kungabi bikho mhlambi wezimvu nezimbazi esibayeni nazinkomo esibayeni,

nokho mina ngiyakujabula ngoSimakade, ngithokoze ngoNkulunkulu wensindiso yami. USimakade iNkosi, ungamandla ami, wenza izinyawo zami zibe njengezendluzela, enze ngihambe ezindaweni zami eziphakemeyo.

UHabbaku 3:17-19a

## Ngezinye izikhathi uyangabaza

Ngezinye izikhathi akanakho ukukholwa, njengomfundu uTomase, owayenenkinga yokukholwa ukuthi uJesu wayesevukile kwabafileyo.

Kepha uThomase, omunye wabali-12, okuthiwa nguDidimu, wayengekho mhla uJesu efika. Ngakho-ke abanye abafundi bathi kuye: "Siyibonile iNkosi."

Kepha wathi kubo: "Uma ngingaliboni inxeba lezipikili ezandleni zayo, ngifake umunwe wami enxebeni lezipikili, ngifake isandla sami ohlangothini lwayo, angisoze ngakholwa."

Emva kwezinsuku eziyisishiyagalombili abafundi bakaJesu besendlini noThomase ekhona, uJesu wangena iminyango

ivaliwe, wema phakathi kwabo, wathi: "Ukuthula makube kini."

Wayesethi kuThomase: "Letha umunwe wakho lapha, ubone izandla zami; lethu isandla sakho, usifake ohlangothini lwami; ungabi ngongakholwa, kodwa okholwayo."

UThomase waphendula, wathi kuye: "Nkosi yami, Nkulunkulu wami!"

Ujesu wathi kuye: "Ngenxa yokuba usungibonile, usuyakholwa yini na? Babusisiwe abakholwa bengabonanga."

NgokukaJohane 20:24-29

## Ngezinye izikhathi uba namahloni uma kufanele avume ukuthi uyamazi uJesu

UPhethro wayehleli phandle egcekeni, enye yamantombazane yeza kuye, yathi: "Nawe ubunoJesu waseGalile."

Kepha waphika phambi kwabo bonke, wathi: "Angazi ukuthi ukhuluma ngani."

Esephumile esangweni, enye intombazane yambona, yathi kwababelapho: "Lona ubenoJesu waseNazaretha."

Wafunga wagomela ephika futhi, ethi: "Angimazi lowo muntu."

Emva kwesikhashana, esesondele kwababemi lapho, bathi kuPhethro:

"Impela nawe ungomunye wabo, udalulwa ngisho nangukhulumu kwakho."

UPhethro waqala ukuqalekisa nokufunga, ethi: "Angimazi lowo muntu."

Masinyane, lakhala iqhude. UPhethro wayesekhumbula izwi abelishilo uJesu, lokuthi: "Iqhude lingakakhali, uzakube usungiphike kathathu."

Waphumela ngaphandle, wakhala kalusizi.

NgokukaMathewu 26:69-75

## Ngezinye izikhathi uyakhubeka naye ...

Kwathi sekwedlule unyaka, ngesikhathi amakhosi aphuma ngaso ukuyohlasela izitha zawo, uDavide wathumela uJowabe nezincke zakhe no-Israyeli wonke, ukuba bayoshaya babhuqe kubantu bakwa-Amoni. Balivimbezela iRabha, nokho uDavide wayeseJerusalem ngaleso sikhathi.

Kwakungesikhathi sakusihlwa lapho uDavide evuka embhedeni, wayesehamba ophahleni lwesigodlo sakhe. Wabona owesifazane egeza, lo wesifazane wayemuhle

ngokwedlule, ebukeka kahle. UDavide wathumela, wabuza ngalo wesifazane, wathi: "Lo akusiye yini uBathisheba, indodakazi ka-Eliyamu ongumka-Uriya, umHithi na?"

UDavide wathumela izithunywa ukuba zimlande, wafika kuye, walala naye, ngokuba wayesehlambulukile ekungcoleni kwakhe, wayesebuyela ekhaya. Owesifazane wakhulelwa, wathumela ukuba kuyobikelwa uDavide, wathi: "Ngikhulelwe."

2 USamuwel 11:1-5

Uyabuya uza eNkosini bese ethola intethelelo

UNkulunkulu umnika ithuba lokuqala kabusha, uphinda uba  
nokuthokoza futhi.

Ngihawukele, Nkulunkulu,  
ngokomusa wakho,  
wesule iziphambeko zami  
ngokobubele bakho obukhulu.  
Ngigezise ebubini bami,  
ungihlanze esonweni sami.

Ngiyazazi iziphambeko zami,  
isono sami siphambi kwami njalo.  
Ngonile kuwe, kuwe wedwa,  
ngenza okubi emehlwani akho.  
Wena ulungile nxa wehlulela,  
futhi kucacile ukwehlulela kwakho.  
Impela ngazalelwu ebubini,  
umame wangikhulelwu esonweni.  
Wena uthanda iqiniso ngaphakathi enhliziyweni,  
uyongifundisa ukuhlakanipha ekujuleni kwenhliziyo.

Nghlanze ngehisophi, ngihlambuluke,  
ngigeze, ngibe mhlophe kuneqhwa.  
Ngizwise intokozo nenjabulo,  
ukuze ethabe amathambo owachobozileyo.  
Fihla ubuso bakho ezonweni zami,  
uzesule zonke iziphambeko zami.

Nkulunkulu, dala kimi inhliziyoh elhanzekileyo,  
uvuse umoya oqinileyo phakathi kwami.  
Ungangilahli ebusweni bakho,  
ungangemuki uMoya wakho oyiNgcwele.  
Buyisela kimi ukuthokoza kwensindiso yakho,  
ungiphase ngomoya ovumayo.

Yikhona ngiyofundisa abaphambukayo izindlela zakho;  
nezoni ziphendukele kuwe.  
Nkulunkulu, ngikhulule ecaleni legazi,  
Nkulunkulu wensindiso yami,  
yikhona ulimi lwami

Iuzohuba ngokulunga kwakho.

Nkosi, vula izindebe zami,

ukuze umlomo wami

ulande ngodumo lwakho.

Ngokuba awuwuthandi umhlatshelo,

noma bengizakukunika umnikelo wokushiswa,

ubungayukuthokoza ngawo.

Iminikelo kaNkulunkulu ingumoya owe phukileyo.

Nkulunkulu, awuyukuyidelela inhliziyo eyaphukileyo nedabukileyo.

IZiyoni lenzele okuhle ngokomusa wakho,

uzakhe izingange eJerusalema.

Khona uzojabulela iminikelo yokulunga engeyokushiswa

naleyo eshiswa yonke,

banikele nangezinkunzi phezu kwe-althare lakho.

# UPHILISANA KAHLE NABANYE ABANTU

Akasiyona inkomo edla eyodwa. Uhlalisene nabanye abantu. Ubudlelwano anabo nomuntu ngamunye behlukile futhi ubudlelwano ngabunye budinga okuthile kuye.

**Bese wena uthola ukuthi: Ngiyindoda!**

**Ungumyeni**

## **Yena nomkakhe bangabangani**

USimakade uNkulunkulu wathi:  
“Akukuhle ukuba umuntu ahiale  
yedwa. Ngizomenzela umsizi  
omfaneleyo.”

USimakade uNkulunkulu  
wathatha umhlabathi wabumba  
zonke izilwane zasendle, nazo zonke  
izinyoni zezulu. Waziletha kumuntu  
ukuze abone ukuthi uzoziqamba  
athini; lawo magama umuntu  
aziqamba ngawo zonke izilwane  
eziphilayo, kwaba ngamagama azo.  
Umuntu waziqamba ngamagama  
zonke izilwane ezifuyiweyo, izinyoni  
zezulu nezilwane zasendle. Kepha  
asikho phakathi kwalezo zilwane  
esatholakala sifanele ukuba ngumsizi  
wakhe.

USimakade uNkulunkulu wenza  
ukuba umuntu azunywe ngubuthongo  
obukhulu, kuthe esalele wathatha  
olunye lwezimbambo zakhe, wayivala  
ngesicubu leyo ndawo. USimakade  
uNkulunkulu wambumba owesifazane  
ngobambo ayeluthathe kumuntu,  
wayesemletha kuye.  
Umuntu wathi:

“Manje lo useyithambo  
lamathambo ami  
nenyama yenyma yami.  
Lona uzobizwa ngokuthi ngumfazi  
ngoba uthathwe endodeni.”

Ngakho-ke indoda iyoshiya uyise nonina  
inamathele kumkayo babe nyamanye.

**IGenesisi 2:18-24**

## **Umthanda kakhulu umkakhe**

U-Isaka wamngenisa uRibheka ethendeni likanina uSara. Wamthatha uRibheka  
waba ngumkakhe, wamthanda, waduduzeka selokhu kwabhubha unina.

**IGenesisi 24:67**

UJakobe wayemthanda kakhulu uRaheli kangangokuthi wayezimisele ukusebenzela umukhwe wakhe iminyaka eyisikhombisa ukuze akwazi ukushada naye.

UJakobe wasebenza iminyaka eyisikhombisa ukuze aganwe nguRaheli, kodwa ngenxa yothando ayemthanda ngalo uRaheli kwaba sengathi iyizinsuku ezimbawla.

IGenesis 29:20

### Umkakhe uyinkosikazi enhle kunawo wonke kuye

Njengomnduze phakathi kwameva,  
sinjalo isithandwa sami  
phakathi kwezintokazi.

ISihlabelelo Sezihlabelelo 2:2

### Uyamncoma futhi uyamkhuthaza

Waze wamuhle sithandwa sami!  
Bheka, umuhle,  
amehlo akho angamajuba.

ISihlabelelo Sezihlabelelo 1:15

Zaze zazinhle izinyawo zakho  
ezimbaddeni,  
wena ndodakazi yesikhulu!  
Amathanga akho ayizindilinga  
anjengemihlobiso,  
umsebenzi wezandla zengcweti.  
Inkaba yakho iyisitsha esiyindilinga  
esingalintuli iwayini elixutshiwego,  
isisu sakho simbulungene  
okwendundumana kakolo,  
ebiyelwe ngeminduze.  
Amabele akho amabili  
anjengamazinyane amabili,

amaphahla ayizixhumo zensephe.  
Intamo yakho ifana nombhoshongo  
wophondo Iwendlovu,  
amehlo akho afana namachibi  
aseHeshibhoni,  
ngasesangweni eBhathi Rabhimi;  
ikhala lakho linjengombhoshongo  
waseLebhanoni,  
obhekene neDamaseku.  
Ikhanda lakho linjengeKharimeli,  
nomyeko okulo usabukhwebezane,  
inkosi ibambeke njengomthunjwa  
emiyekweni.

ISihlabelelo Sezihlabelelo 7:1-5

### Uthokozela ukuba ndawonye nomkakhe

Umuhle ngokubabazekayo wena  
sithandwa,  
futhi uyangenanisa!

Isiqu sakho sifana nesihlahla  
sesundu,

namabele akho afana namahlukuzo  
alo.  
Ngithi:

“Ngizokhwela esihlahleni sesundu,  
ngibambelele emagatsheni aso.”

ISihlabelelo Sezihlabelelo 7:6-8a

## **Bobabili, bayafudumezana, bafeze izinhloso zabo zangokwenyama**

Kepha ngenxa yobufebe, akube yileyo naleyo ndoda ibe nomfazi, kanjalo nowesifazane abe neyakhe indoda. Indoda mayimenelise umfazi ngokocansi, kanjalo nomfazi enze kanjalo endoden. Umfazi kanamandla phezu komzimba wakhe, kodwa yindoda enawo,

kanjalo nendoda kayinamandla phezu komzimba wayo, kodwa ngumfazi onawo. Ningagodlelani, kuperela cube ngokwesikhashana ngokuvumelana ukuba nithole ithuba lokukhuleka, nibuye nibe ndawonye, ukuze uSathane anganiyengi ngokungazibambi kwenu.

1 KwabaseKhorinte 7:2-5

### **Wethembekile kumkakhe**

Uthando lokuzinikela lukaKristu kanye nokwethembeka kwibandla lakhe yisona sibonelo asilandelayo emshadweni wakhe.

Madoda, thandani omkenu, njengalokhu noKhristu elithandile ibandla, wazinikela ngenxa yalo.

Kanjalo amadoda afanele ukuthanda omkawo njengemizimba yawo. Othanda umkakhe uzithanda yena. Ngokuba akekho umuntu

owake wazonda umzimba wakhe, kurnalokho uyawondla, awuphathe kahle, njengalokhu noKhristu enza kulo ibandla, ngokuba singamalungu omzimba wakhe. Ngenxa yalokho umuntu uyakushiya uyise nonina, anamathele kumkakhe; labo ababili bayakuba nyamanye. Le mfihlakalo inkulu, kepha ngikhuluma ngoKhristu nebandla. Ngakho-ke nani makube yilowo nalowo athande umkakhe, njengalokhu ezithanda yena.

Kwabase-Efesu 5:25,28-33a

### **Ungubaba wabantwana bakhe**

#### **Yena kanye nomndeni wakhe bakhonza uNkulunkulu**

Lowo muntu, u-Elikhana, waphinda wenyu ka nendlu yakhe ukuyonikela kuSimakade umhlatshelo waminyaka yonke, nokuyofeza isithembiso sakhe. Kodwa uHana akenyukanga, wathi kumyeni wakhe: "Angiyukwenyuka aze alunyulwe umntwana; khona ngizakumyisa ukuba abonakale phambi kukaSimakade, ahlale lapho njalo."

1 USamuweli 1:21-22

#### **Ukhuluma nabantwana bakhe izinsuku zonke ngoNkulunkulu**

"Yizwa, Israyeli: uSimakade uNkulunkulu wethu, uSimakade, munye. Mthande uSimakade uNkulunkulu wakho, ngayo yonke inhlizyo yakho, nangawo wonke umphefumulo wakho, nangawo wonke amandla akho. Lawa mazwi engikuyala ngawo namuhla mawahlae enhliziyeweni yakho. Ubafundise wona

abantwana bakho, uwakhulume lapho uhlezi endlini yakho, nalapho uhamba endleleni; lapho ulala, nalapho uvuka. Uyakuwabophela abe wuphawu esandleni sakho, abe yisikhumbuzo phakathi kwamehlo akho. Ubowlaloba ezinsikeni zomnyango wendlu yakho nasemasangweni akho."

1 Dutheronomi 6:4-9

## **Ufisa ukuthi abantwana bakhe bahlale bethembekile kuNkulunkulu**

UJobe wayefuna ukuba abantwana bakhe babe nobudlelwano obuhle noNkulunkulu.

Amadodana ayo ayevame ukuhamba enze idili endlini yaleyo naleyo ndodana, ngosuku lwayo. Ayethumela, ameme odadewabo abathathu ukuze badle, baphuze

ndawonye. Kwakuthi lapho sezedlule izinsuku zedili, uJobe athumele awangcwelise. Wayevuka ekuseni, anikele ngeminikelo yokushiswa ngokwenani lawo, ethi: "Hleze izingane zami zonile, zamqalekisa uNkulunkulu ezinhliziyweni zazo."

Wenza kanjalo uJobe zonke izinsuku.

UJobe 1:4-5

## **Ufundisa abantwana bakhe ukuthi bamethembe uNkulunkulu**

Abaphilayo,  
abaphilayo bayakubonga njengami namuhla;  
oyise bayabazisa abantwana  
ngokuthembeka kwakho.

U-lzaya 38:19

## **Uphatha abantwana bakhe ngokuhlakanipha**

Nani boyise, ningabathukuthelisi abantwana benu, kodwa nibondle ngokuyala nangokuqondisa kweNkosi.

Kwabase-Efesu 6:4

## **Ufundisa abantwana bakhe ukuthi bazithobe bahloniphe**

Ndodana yami,  
lalela ukuqondisa kukayihlo,  
ungayedeleli imfundiso kanyoko,

iyoba ngumqhele wobuhle ekhanda lakho,  
nomgexo entanyeni yakho.

Izag 1:8-9

## **Wamukela abantwana bakhe beyilokhu abayikho**

Boyise, ningabathukuthelisi abantwana benu, funa badikibale.

KwabaseKholose 3:21

## **Uyaqhube kaNkuthanda abantwana bakhe yize bengenza amaphutha bamlimaze kakhulu**

U-Absalomu wabulala umfowabo u-Amnoni ukuze aziphindiselele kuye. Ubaba wabo, inkosi uDavide wakhubeka kakhulu uma ezwa ngalokhu.

Kwathi esesendleleni, kwafika izwi kuDavide, lathi: "U-Absalomu uwabulele wonke amadodana enkosi, akusalanga nayinye."

Inkosi yayisisuka, yaklebhula izingubo zayo, yalala emhlabathini, zonke izinceku zayo zema lapho, izingubo zazo ziklebhukile.

UJonaDaba, indodana kaShimeya, umfowabo kaDavide, waphendula, wathi: "Inkosi yami mayingathathi zonke izinsizwa, amadodana enkosi abulewe, ngoba ngu-Amnoni kuphela ofileyo. Lokhu kwakuyinhoso ka-Absalomu kusukela ngosuku

u-Amnoni aphoqa ngalo udadewabo, ukuthi wonke amadodana enkosi uThamari. Ngakho inkosi yami, inkosi, afile, ngu-Amnoni kuphela ofile.” mayingakubeki enhliziweni yayo U-Absalomu wabaleka.

2 USamuweli 13:30-34a

Naphezu kobuhlungu indodana yakhe engu-Absalomu eyayimzwise bona, uDavide wayesayithanda.

UJowabe, indodana kaZeruya, wabona ukuthi inhliziyo yenkosy iku-Absalomu.

2 USamuweli 14:1

Inkosi yayaleza uJowabe, u-Abhishayi no-Ithayi, yathi: “Anoyiphatha kahle insizwa ngenxa yami; ngisho u-Absalomu.”

Bonke abantu bezwa lapho inkosi iyaleza zonke izinduna ngo-Absalomu.

2 USamuweli 18:5

### **Ngesinye isikhathi uyeahluleka ukukhulisa abantwana bakhe ngendlela efanele**

Amadodana ka-Eli, umphristi, ayezisebenzia kabi ngezindlela ezalhukene izikhundla zawa zokuba ngabaphristi. Zonke iziyalo zikababa wabo zaziwela emhlabathini oqinileyo.

U-Eli wayesemdalal kakhulu, wezwa ngakho konke amadodana akhe ayekwenza kwa-Israyeli, nokuthi ayelala nabesifazane ababekhonza ngasemnyango wethende lokuhlangana. Wathi kuwo: “Nizenzeleni izinto ezinjalo na? Ngokuba ngiyezwa ngemisebenzi yenu emibi kubo bonke laba bantu. Qha, madodana ami, akusiwu umbiko omuhle engiuzwua ukhulunywa ngabantu bakaSimakade ngani. Uma umuntu ona kumuntu, uNkulunkulu uyakumehlulela, kodwa uma umuntu ona kuSimakade, ngubani oyakumnxusela na?”

Kepha awalalelanga izwi likayise.

1 USamuweli 2:22-25a

### **Ungumukhwe**

Unakekela impilo yomkhwenyana wendodakazi yakhe futhi umnika izeluleko ezakhayo.

UMose wamlandisa umukhwe wakhe konke uSimakade ayekwenze kuFaro nakwabaseGibhithe ngenxa ka-Israyeli, nobunzima bonke ababehlangabezane nabo endleleni,

nokuthi uSimakade wabakhulula kanjani. UJethro wathokoza ngakho konke okuhle uSimakade ayekwenzele u-Israyeli, ebakhulula esandleni sabaseGibhithe.

UJethro wathi: “Makabongwe uSimakade, onikhululile kwabaseGibhithe nasesandleni sikaFaro.”

I-Eksodus 18:8-10

"Manje ngilalele, ngizokweluleka, uNkulunkulu abe nawe. Ufanele ukukhulumela abantu phambi kukaNkulunkulu, ulethe izindaba zabo kuNkulunkulu."

I-Eksodus 18:19

Nakuba kunjalo, kepha uvumela umkhwenyana wakwakhe ukuthi aziphilele impilo yakhe futhi unobudlelwano obuhle naye.

UMose wahamba wabuyela kumukhwe wakhe uJethro, wathi kuye: "Ngiyakucela, ngivumele ngihambe, ngibuyele kubahlolo

bami abaseGibhithe, ngiyobona ukuthi basaphila yini." UJethro wathi kuMose: "Hamba ngokuthula."

I-Eksodus 4:18

## Ungumkhwenyana

Uyamhonipha umukhwe wakhe futhi unobudlelwano obuhle naye.

UJethro, umukhwe kaMose, wafika ehlane lapho uMose ayekanise khona entaben i kaNkulunkulu, nomkaMose namadodana akhe. Wathi kuMose: "Mina Jethro, umukhwe wakho, ngiyeza kuwe, nomkakho, namadodana akho omabili."

UMose waphuma ukuyomhlangabeza umukhwe wakhe, wakhothama, wamanga, babuzana impilo, base bengena ethendeni. UMose wamlandisa umukhwe wakhe konke uSimakade ayekwenze kuFaro nakwabaseGibhithe ngenxa

ka-Israyeli, nobunzima bonke ababehlangabezane nabo endleleni, nokuthi uSimakade wabakhulula kanjani. UJethro wathokoza ngakho konke okuhle uSimakade ayekwenze u-Israyeli, ebakhulula esandleni sabaseGibhithe.

UJethro wathi: "Makabongwe uSimakade, onikhululile kwabaseGibhithe nasesandleni sikaFaro. Manje ngiyazi ukuthi uSimakade mkhulu kunabo bonke onkulunkulu, ngoba ukhulule abantu bakhe kwabaseGibhithe, lapho bebebaphethe khona ngokubaqonela."

I-Eksodus 18:5-11

## Ungumngani othembekile

Umngani uyathanda ngezikathhi zonke, kodwa umfowenu wazalelwu ukukuthwalisa ngezikathhi zobunzima.

Izag 17:17

## Ukhulekela abangani bakhe

Emveni kokuba uSimakade esekhulume lawo mazwi kuJobe, uSimakade wathi ku-Elifazi, umThemani: "Ngithukuthelele wena nabangani bakho ababili, ngokuba anikhulumanga iqiniso ngami, njengenceku yami, uJobe. Ngakho-ke zithatheleni izinkunzi eziyisikhombisa nezinqama eziyisikhombisa, niye nakho

encekwini yami uJobe, nikunikele kube ngumnikelo wenu wokushiswa. UJobe, inceu yami, uyonikhulekela, ngoba ngiyakuwulalela umkhuleko wakhe, angiyukwenza kini njengobuwula benu, ngokuba anikhulumanga iqiniso ngami, njengenceku yami uJobe."

U-Elifazi umThemani, uBhilidadi umShuhi, noZofari umNahama, bahamba benza njengokusho kukaSimakade kubo. USimakade wawemukela umkhuleko kaJobe.

USimakade wakuphendula ukuhlupheka kukaJobe ngesikhathi ekhulekela abangani bakhe. Konke uJobe ayenakho uNkulunkulu wakwenezela ngokuphindwe kabi.

UJobe 42:7-10

### **Unomoya omuhle kubangani bakhe**

Insimbi ilola enye insimbi,  
nomuntu usizwa ngabanye.

IZaga 27:17

### Wehlukanisile

Nakuba zizingini izinto ezehlukanisa  
abantu, kepha akukho nakunye  
okungasehlukanisa nothando  
lukaNkulunkulu.

Ngubani oyakumangalela  
abakhethiweyo bakaNkulunkulu  
na? UNkulunkulu ungodungisisayo.  
Kanti ngubani ozakulahla ngecala  
na? NguKhristu uJesu owafayo,  
yebo owavuswa kwabafileyo,  
ongakwesokunene sikaNkulunkulu,

nguYena osinxuselayo. Pho ngubani  
ozakusehlukanisa nothando  
lukaKhristu na?

Ngiyakholwa ukuthi nakufa,  
nakuphila, nazingelosi, nababusi,  
nakho okukhona, nakho okuzayo,  
namandla, nakuphakama, nakujula,  
nanoma yini enye edaliweyo;  
akuyukuba namandla okusehlukanisa  
nothando lukaNkulunkulu  
olukuKhristu uJesu, iNkosi yethu.

KwabaseRoma 8:33-35a,38-39

# USEBUDLELWANENI NAYE UQOBO LWAKHE

Izinsuku zonke uyazi ngezidingo zakhe zangokwenyama nezangokomoya.  
Uyakuqonda ukuthi uNkulunkulu ubukhathalele ubudoda bakhe bonke.

**Bese wena uthola ukuthi: Ngiyindoda!**

Uyakuqonda ukuthi wakhiwe ngomfanekiso kaNkulunkulu  
UNkulunkulu wAMDala umuntu waba ngumfanekiso wakhe, wamenza ukuba  
afuze Yena, wabadalwa owesilisa nowesifazane.

[1]Genesisi 1:27

**Ulwela ukubonakalisa umfanekiso kaNkulunkulu  
ngendlela yena aphila ngayo**

Ebeniphila kukho ngesikhathi nisahlezi kulezi zinto. Kepha manje lahlani konke lokhu: ulaka, ukuthukuthela, ububi, ukuhlambalaza, nokukhulumamahlazo ngemilomo yenu. Ningaqambi amanga omunye komunye, ngokuba senikhumule umuntu omdala nezenzo zakhe; nembe the omusha, owensiwiwa musha njalo ekwazini ngokomfanekiso walowo owamdalayo.

[2]KwabaseKholose 3:7-10

**Uwuphatha kahle umzimba wakhe**

**Uyakuqonda ukuthi umzimba wakhe  
uyithempeli likaMoya oNgcwele  
futhi uwusebenzisela ukudumisa  
uNkulunkulu.**

Ngakho-ke balekelani ubufubebe.  
Zonke izono umuntu azenzayo  
zenzeka ngaphandle komzimba,  
kodwa ofebayo ungcilisa owakhe

umzimba. Anazi yini ukuthi umzimba  
wenu uyithempeli likaMoya  
oNgcwele eninaye, enimemukele  
evela kuNkulunkulu, nokuthi  
anizimele ngokwenu na? Ngokuba  
nathengwa ngenani elikhulu.  
Ngakho-ke mngcweliseni uNkulunkulu  
emizimbeni yenu.

[3] KwabaseKhorinte 6:18-20

**Uyazi ukuthi ungokhethekile kuNkulunkulu**

Manje usho kanje uSimakade  
owakudala wena Jakobe,  
nowakubumba wena Israyeli, uthi:

“Ungesabi ngokuba ngikuhlengile,  
ngikubize ngegama lakho;

ungowami.  
Uma udabula emanzini,  
Mina ngiyokuba nawe,  
nemifula ayiyukukukhukhula;  
nalapho udabula emililweni,  
awuyukusha;

ilangabi aliyukukushisa.  
Ngokuba Mina nginguSimakade  
uNkulunkulu wakho,

oNgcwele ka-Israyeli  
uMsindisi wakho.”

U-Izaya 43:1-3a

Uyazi ukuthi uNkulunkulu unenhoso ekhethekile ngaye

UNkulunkulu waqinisekisa  
umphrofethi uJeremiya ngenhoso  
eyehlukile ngempi洛 yakhe:

Izwi likaSimakade lafika kimi, lathi:

“Ngingakakubumbi esiswini  
ngakwazi,  
ungakaphumi esibelethweni  
ngakungcwela,  
ngakuqoka ukuba ube ngumphrofethi  
ezizweni.”

Kepha ngathi: “Awu, Nkosi  
Simakade! Mina angikwazi  
ukukhuluma, ngokuba  
ngisengumfanyana nje.”

Kepha uSimakade wathi kimi:  
“Ungathi kimi ungumfanyana,  
ngokuba uyakuya kubo bonke  
engikuthuma kubo, futhi  
uyakukhuluma konke engikuyala  
ngakho. Ungabesabi, ngokuba  
nginawe ukuba ngikophule,” kusho  
uSimakade.

UJeremiya 1:4-8

Unesiqiniseko ngenhoso yakhe

Inhoso yakhe ukudumisa uNkulunkulu ngempi洛 yakhe yonke.

Anazi yini ukuthi abagijimayo bencintisana, bagijima bonke, kodwa  
munye othola umklomelo na? Gijimani kanjalo, ukuze niwuthole. Bonke  
abancintisanayo bayazithiba ezintweni zonke; labo bakwenza lokho ukuze  
bathole umqhele ophelayo, kodwa thina ukuba sithole umqhele ongapheliyo.  
Ngakho-ke mina ngiyagijima, kungekhona ukuthi kangiqondi; ngiyagadla,  
kungekhona ukuthi ngishaya umoya. Ngiyawutuba umzimba wami, ngiwenza  
isigqila, ukuba mina engishumayenza abanye ngingaliwa mina luqobo, kuthiwe  
angifanele.

1 KwabaseKhorinte 9:24-27

# NAYE UNEMIZWA

Ukuthi yena uyindoda akusho ukuthi akuzweli kuye. Ukuzwela kwakhe yinto ongeke uyeahlukanise nobudoda bakhe. Uzithokozela kakhulu izithelo zempilo. Ngezinye izikhathi, ubuya futhi ahaqwe yimizwa engemihle efana nowokuphatheka kabi, owokudangala noma owokuzenzeza.

Bese wena uthola ukuthi: Ngiyindoda!

Izwi likaNkulunkulu liyamthinta

Abantu lapho bezwa amazwi omthetho, balila kodwa uNehemya umbusi, no-Ezra umphristi nombhali, nabaLevi ababefundisa abantu bathi kubo: "Ningakhali, ningalili, ngokuba lolu lusuku lungcwele kuSimakade uNkulunkulu wenu."

UNehemya 8:9

Inhlizyo yakhe igcwele indumiso

Ngemuva kwezigameko ezinhle ezazimaqondana nokuzalwa kukaJohane uMbhabhadisi, uyise wakhe uZakariya, wamdumisa uNkulunkulu wathi:

"Mayibongwe iNkosi, uNkulunkulu  
ka-Israyeli,  
ngokuba ibahambele abantu bayo,  
yabahlenga.  
Yasiphakamisela uphondo  
Iwensindiso  
endlini kaDavide, inceku yayo,  
njengalokhu yakhuluma  
ngomlomo wabaphrofethi bayo  
abangcwele selokhu kwadabuka  
umhlaba,  
ukusisindisa ezitheni zethu,

nasesandleni sabo bonke  
abasizondayo;  
ukwenzela okhokho bethu isihawu,  
nokukhumbula isivumelwano sayo  
esingcwele;  
isifungo eyasifunga kubaba  
u-Abrahama,  
ukusinika ukuba sikhululwe  
esandleni sezitha zethu;  
siyikhonze singenakwesaba  
ngobungcwele nangokulunga phambi  
kwayo,  
zonke izinsuku zethu."

NgokukaLuka 1:68-75

## Uzizwa ephoxekile ngaye uqobo lwakhe

Ngesikhathi sokuma kukaJesu phambi kombusi, uPhethro wayesaba wenza sengathi akamazi uJesu. Kwathi lapho ebuzwa ngokumphika kwakhe uJesu, wazizwa ephoxeke kakhulu ngesenzo sakhe.

Masinyane, lakhala iqhude. UPhethro wayesekhumbula izwi abelishilo uJesu, lokuthi: "Iqhude lingakakhali, uzakube usungiphike kathathu."

NgokukaMathewu 26:74b-75a

## Ngezinye izikhathi uzibona emncinyane

Ngezinye izikhathi, kuzwakala sengathi uyimfanaye futhi akafanelwe yilutho empilweni. UMefibhoshethi, nowakhubaze ka ngenxa yengozi ngenkathi esengumntwana omncane, wayezizwa ngale ndlela.

UMefibhoshethi, indodana  
kaJonathani kaSawule, wafika  
kuDavide, wakhothama wathi  
mbo ngobuso. UDavide wathi:  
"Mefibhoshethi."

Wathi: "Inceku yakho ilapha."

UDavide wayesethi kuye:

"Ungesabi, ngokuba ngiyakukwenzela

impela umusa ngenxa kaJonathani,  
uyihlo; ngizokubuyisela lonke izwe  
likamkhulu wakho, uSawule; uyakudla  
njalo etafuleni lami."

UMefibhoshethi wakhothama,  
wathi: "Ibe iyini nje inceku yakho  
ukuba ungaze uzikhathaze ngenja  
efileyo enjengami na?"

2 USamuwelli 9:6-8

## Yize kunjalo kodwa uyabona ukuthi akudingekile ukuthi azizwe engebalulekile.

NguWena owenza izinso zami,  
wangiphica ngisesesibelethweni  
sikamame.

Ngiyakukubonga ngokuba ngenziwa  
ngokwesabekayo

nangokumangalisayo;  
imisebenzi yakho  
iyamangalisa,  
umphefumulo wami ukwazi kahle.  
Amathambo ami ayengafihlekile kuwe  
lapho ngenziwa ekusithhekeni,

ngibunjwa ezindaweni ezijulileyo  
zomhlaba.

Amehlo akho angibona ngiseyihlule,  
zonke izinsuku zami zalotshwa  
encwadini yakho,  
zanqunywa, lungakafiki nolulodwa  
kuzo.

Imicabango yakho, Nkulunkulu,  
ingamagugu kimi;  
bukhulu kangaka ubuningi bayo.

AMahubo 139:13-17

## Uzizwa engenalusizo

Ngezinye izikhathi kwenzeka izinto angeke akwazi ukuzishintsha, njengokufa kwalowo owakhe othandiweyo. Inkosi uDavide yayidabukile kakhulu uma ithola izindaba zokufa kwendodana yayo eyayingezwa engu-Absalomu.

Inkosi yathi kumKhushe: "Kuhamba kahle yini ngensizwa u-Absalomu, na?"

UmKhushe wathi: "Izitha zenkosi yami, inkosi, nabo bonke abayivukelayo mababe njengaleyo nsizwa."

Yayisidabuka kakhulu inkosi, yakhuphukela ekamelweni elingaphezu kwesango, yakhala; isahamba yathi: "Hawu ngendodana yami, u-Absalomu, ndodana yami, ndodana yami Absalomu! Sengathi ngabe kufe mina esikhundleni sakho, Absalomu, ndodana yami, ndodana yami!"

Kwabikelwa uJowabe ukuthi: "Bheka, inkosi iyakhala, ililela u-Absalomu."

Ukunqoba ngalolo lusuku kwaphenduka isililo kubo bonke abantu, ngokuba abantu bezwa kuthiwa ngalolo lusuku: "Inkosi idabukile ngenxa yendodana yayo."

Abantu bangena benyenya emzini ngalolo lusuku kungathi banamahloni, ngoba bebalekela impi. Inkosi yamboza ubuso, yakhala ngezwi elikhulu, yathi: "Hawu, ngendodana yami, u-Absalomu, Absalomu, ndodana yami, ndodana yami!"

2 USamuweli 18:32 – 19:4

## Uzwa ubuhlungu bokuhlushwa

Ngalezo zinsuku uHezekiya wagula wabangwa nezibi. Kwase kufika kuye umphrefethi u-Izaya, indodana ka-Amozi, wathi: "Usho kanje uSimakade, uthi: 'Lungisa izindaba zendlu yakho ngokuba uzokufa, ngeke uze usinde.'"

UHezekiya waphendulela ubuso bakhe obonden, wakhuleka kuSimakade, wathi "Ngiyakuncenga Simakade ukuba ukhumbule ukuthi ngihambe phambi kwakho ngeqiniso nangenhliziyo epheleleyo, ngenza okuhle emehlwani akho."

UHezekiya wayesekhala umunyu.

Izwi likaSimakade lafika ku-Izaya, lathi: "Hamba uye kuHezekiya, uthi: 'Usho kanje uSimakade uNkulunkulu kaDavide, ukhokho wakho, uthi: "Ngiwuzwile umkhuleko wakho, ngizibonile izinyembezi zakho; ngizonezelela iminyaka eli-15 ezinsukwini zakho zokuphila. Ngizokusindisa, wena nalo muzi, esandleni senkosi yase-Asiriya, ngiwuvikele lo muzii.'" "

U-Izaya 38:1-6

## Uphatheka kabi ngenxa yezinto ezenzeka kuye

Lapho uDavide nabantu bakhe befika emzini, bheka, wawushiswe ngomlilo; omkabo, amadodana abo, namadodakazi abo bethunjiwe. UDavide nabantu ababenaye badazuluka, bakhala, baze baphelelwa ngamandla okulila.

Bobabili omkaDavide, u-Ahinohama waseJizreyeli no-Abhigayili, umkaNabali waseKharimeli, babethunjiwe. UDavide wayekhathazekile kakhulu, ngoba abantu base bebhunga ngokumkhanda ngamatshe, lokhu izinhliziyo zabo bonke abantu zazinomunyu, ngenxa yamadodana namadodakazi abo. Kepha uDavide wathola amandla kuSimakade uNkulunkulu wakhe.

1 USamuweli 30:3-6

# UYASEBENZA

Uyindoda enezibopho eziningi. Uzinikele emsebenzini kanye nasekhaya. Usebenzisa isikhathi esiningi kanye namandla akhe onke akha umsebenzi wakhe, kanti futhi uyasiza nasekhaya.

Bese wena uthola ukuthi: Ngiyindoda!

Uyakuqonda ukuthi uNkulunkulu umniwe  
umyalelo wokuthi asebenze

USimakade uNkulunkulu watshala  
insimu yezithelo e-Edeni  
ngasempumalanga, wambeka khona  
umuntu ayembumbile. USimakade  
uNkulunkulu watshala zonke izinhlobo  
zezihlahla ezibukekayo ukuba  
zithele izithelo ezinhle ezidliwayo.

Phakathi naleyo nsimu kwakumile  
umuthi wokuphila, nomuthi wokwazi  
ukwehlukanisa okuhle nokubi.

USimakade uNkulunkulu wabeka  
umuntu ensimini yase-Edeni ukuze  
ayilime, futhi ayilinde.

IGenesis 2:8-9,15

UNkulunkulu uphinda futhi amyalele ukuba anake indalo.

Wababusisa, wathi: "Zalanani nande, nigcwaliise umhlabi; niwubuse. Nibuse  
phezu kwezinhlanzi zolwandle, naphezu kwezinyoni zezulu, nazo zonke izilwane  
ezinwabuzela emhlabeni."

IGenesis 1:28

Uyakwamukela ukuthi umsebenzi uyinhlanhla

Akukho okungcono okungenziwa ngumuntu ngaphandle kokuthi adle, aphuze,  
aneliseke ngomsebenzi wakhe. Nalokho futhi ngakubona ukuthi kuvela esandleni  
sikaNkulunkulu, ngokuba ngaphandle kwakhe, ngubani ongadla noma athokoze na?

UMshumayeli 2:24-25

Uyazi ukuthi uNkulunkulu ulindele ukuthi asebenze kanzima

Kepha bazalwane, siyaniala egameni leNkosi yethu uJesu Khristu  
ukuba nibagweme abazalwane abangamavila, abangawulandeli umyalo  
enawemukela kithi. Ngokuba nina luqobo niyazi ukuthi kubaluleke kanjani  
ukuba nisilingise, ngokuba asizange sibe ngabavilaphayo lapho sinani.  
Asidlanga sinkwa samuntu ngesihle, kodwa sazikhandla, sisebenza kanzima  
ubusuku nemini, ukuba singabi mthwalo kumuntu, hhayi ngoba sasingenalo  
ilungelo lalokho, kodwa ukuze sibe yisibonelo kini sokuba nani nisilingise.  
Ngokuba nangesikhathi sisenan, saniyalal ngalokhu, sathi: "Uma umuntu  
engathandi ukusebenza, makangadli."

Ngokuba siyezwa ukuthi abanye benu bangamavila, behla benyuka bengenzi  
nolunci, kodwa bezigaxa ezindabenzi zabanye. Kulabo abanjalo, siyabayala,

Umatasatasa kakhulu, futhi kufanele afunde ukunika  
abanye abantu imisebenzi okumele bayenze

Ngakusasa uMose wahlalela ukwehlulela abantu, abantu bema ngakuMose  
kusukela ekuseni kwaze kwaba kusihlwa. Umukhwe kaMose wakubona konke  
lokhu ayekwenzela abantu, wathi kuye: "Kuyini lokhu obenzela khona abantu na?  
Kungani uhlale wedwa, uzungezwe ngabantu kusukela ekuseni kuze kuhlwe na?"

UMose wathi kumukhwe wakhe: "Kungokuba abantu beza kimi ukuzobuza  
okushiwo nguNkulunkulu. Uma kunodaba phakathi kwabo, beza kimi ukuba  
ngahlulele phakathi komuntu nomakhelwane wakhe, bese ngibatshela imithetho  
nezimiso zikaNkulunkulu."

Umukhwe kaMose wathi kuye: "Lokhu okwenzayo akukuhle. Uzozikhandla  
uzikhathaze wena nalaba bantu onabo, ngokuba lo msebenzi mkhulu kakhulu  
kunawe, awunakukwazi ukuwenza uwedwa. Manje ngilalele, ngizokweluleka,  
uNkulunkulu abe nawe. Ufanele ukukhulumela abantu phambi kukaNkulunkulu,  
ulethe izindaba zabo kuNkulunkulu; bafundise izimiso nemithetho, ubenze  
bayiqonde indlela okumele bahambe ngayo, nomsebenzi okufanele bawenze.  
Zifunele phakathi kwabo amadoda ahloniphekile, amesabayo uNkulunkulu,  
amadoda athembekile, akuzondayo ukuthola inzozo ngokungalungile, uwabeke  
abe yizinduna zezinkulungwane, zamakhulu, zama-50, nezeshumi. Makube yibona  
abehlulela abantu ngezikhathi zonke; balethe kuwe zonke izindaba ezinkulu, kodwa  
amacala amancane mawanqunywe yibo, ukuze bawenze ube lula umthwalo  
wakho, bathwalisane nawe. Uma ukwenza lokhu, noNkulunkulu ekuyala kanjalo,  
uyokwazi ukuma, nabantu bonke babuyelete emizini yabo benokweneliswa."

UMose wamlalela umukhwe wakhe, wakwenza konke ayekushilo. UMose  
wakhetha amadoda anekhono phakathi kwabakwa-Israyeli, wawabeka aba  
yizinduna zabantu, aba yizinduna phezu kwezinkulungwane, phezu kwamakhulu,  
phezu kwama-50, naphezu kweshumi. Zehlulela abantu ngezikhathi zonke. Amacala  
anzima zaziwedlulisela kuMose. Zonke izindaba ezilula zehlulelwya yizo.

I-Eksodus 18:13-26

Ngezinye izikhathi ubhekana nomqansa  
wokudonsisana nokuphikisana emsebenzini

Kwathi sekwedlule izinsuku ezithile, uPawula wayesethi kuBharnabha:  
"Ake sibuyelete emuva, sihambele abazalwane kuyo yonke imizi ngamunye  
esesishumayele kuyo izwi leNkosi, sibone ukuthi bahlezi kanjani."

UBharnabha yena wanquma ukuhamba noJohane okuthiwa uMakhu.  
Kepha uPawula waqinisa ukuthi akufanele bahambe nalowo owabashiya  
ePhamfiliya, akaze ahamba nabo ukuyosebenza. Kwaba khona ukuphikisana  
okunzima, baze bahlukana: uBharnabha wahamba noMakhu, wawelela naye  
eKhuphro ngomkhumbi.

UPawula wazikhethela uSila, bahamba benikelwe emseni weNkosi  
ngabazalwane.

Izenzo 15:36-40

Unika uNkulunkulu udumo ngempumelelo yakhe

Ngemuva kokuba uNkulunkulu esebole abantwana bakwa-Israyeli bawela uLwandle oluBomvu baphumela emhlabathini wabe eseshabalalisa impi yaseGibhithe olwandle, abantwana bakwa-Israyeli bamkhonza uNkulunkulu.

UMose nabantu bakwa-Israyeli bahuba leli hubo kuSimakade, bathi:

“Ngizohlabelela kuSimakade,  
ngokuba uphakeme kakhulu,  
ihhashi nomgibeli walo ukuphonse olwandle.  
USimakade ungamandla ami nesivikelo sami,  
uyinsindiso yami,  
lona nguNkulunkulu wami,  
ngizokumtusa,  
nguNkulunkulu kababa,  
ngizokumphakamisa.  
USimakade uyindoda yempi,  
nguSimakade igama lakhe.”

I-Eksodus 15:1-3

Uhlala ethembekile kwimigomo kaNkulunkulu

Akayivumeli impumelelo yakhe ukuba imngene ekhanda imdunge umqondo. Lapho kufika isilingo singqongqoza emnyango wakhe, akangabazi ukuthi kufanele enze njani. Uma lapho emi khona, aqhubeke nokwethembeka enza lokhu uNkulunkulu akulindele kuye.

Inkosi yakhe yabona ukuthi uNkulunkulu unaye, nokuthi uNkulunkulu uyakuphumelisa konke akwenzayo, ngakho-ke uJosefa wafumana umusa phambi kwayo, waba yinceku yayo; yamenza waba ngumphathi wendlu yayo, wengamela konke eyayinakho. Kusukela ngaleso sikhathi eyambeka ngaso, waba ngumphathi wendlu yayo, nakho konke eyayinakho; uSimakade wawubusisa umzi walowo mGibhithe, nakho konke ayenakho. Isibusiso sikaSimakade sasiphezu kwakho konke uPotifari ayenakho endlini nasemasimini. Ngakho-ke uPotifari wakubeka konke ayenakho esandleni sikaJosefa, akabe esazihlupha ngalutho, ngaphandle kokudla okwakufanele akudle.

UJosefa wayeyigeza, enesiqu, ebuukeka kahle.

Emveni kwasikhathi umkaPotifari wamkhanuka, wathi kuye: “Lala nami.”

Kepha uJosefa wenqaba, wathi enkosikazini yomphathi wakhe: “Umphathi wami akakhathazeke ngalutho endlini yakhe, futhi ukunikele konke ezandleni zami. Akamkhulu kule ndlu kunami, futhi akukho angigodlele khona ngaphandle kwakho, ngenxa yokuba ungumkakhe. Ngingakwenza kanjani-ke okubi kangaka, ngone kuNkulunkulu na?”

Nakuba umkaPotifari wayembelesela uJosefa imihla ngemihla, kodwa akavumanga ukulala naye, noma abe ndawonye naye.

IGenesisi 39:3-10

# WENZA UMEHLUKO

Uyindoda efuna ukubamba iqhaza emphakathini. Akesabi ukuzifaka engcupheni. Wenza ukuthi izwi lakhe lizwakale kanti, ngokwenza njalo, wenza ukuthi leli zwe libe yindawo engcono esingaphila kuyo. Uthole ubizo Iwakhe luvela kuNkulunkulu, kanti futhi ulusebenzisa ngenhliziyo yakhe yonke.

**Bese wena uthola ukuthi: Ngiyindoda!**

Unesibindi sokwenza okuthile okuzosisa umphakathi wakhe

Ngenyanga uNisani, ngonyaka wama-20 wokubusa kwenkosi u-Arithahishashitha, iwayini liphambi kwenkosi, ngalithunga ngalinika inkosi. Ngangingakaze ngibe ngodangele phambi kwayo. Inkosi yathi kimi: "Kungani ubuso bakho budangele wena ube untaguli na? Lokhu kufanele kube ngukudangala okuvela enhliziyweni."

Ngesaba kakhulu. Ngaphendula ngathi enkosini: "Mana njalo, nkosi! Kungenzeka kanjani ukuba ubuso bami bungadangali, lapho umuzi oyindawo yamathuna okhokho uyincithakalo, namasango awo eshiswe ngomlilo na?"

Inkosi yathi kimi: "Ukhala ngani na?"

Ngase ngikhuleka kuNkulunkulu wezulu. Ngathi enkosini: "Uma kukuhle emehlweni akho nkosi, nengikucelayo kwemukeleka kuwe, ngicela ukuba ungithumele kwajuda, emzini wamathuna obabamkhulu, ukuba ngiyowakha kabusha."

Inkosi yathi kimi, nendlovukazi ihlezi eduze kwayo: "Uyohamba isikhathi esingakanani, futhi ubuye nini na?"

Kwayithokozisa inkosi, yase ingivumela, nganquma isikhathi engiyobuya ngaso.

UNehemiya 2:1-6

## Uyalimela iqiniso

Uyakumela lokho akholelwa kukho futhi akesabi ukumela iqiniso, ngisho noma ngabe ababusi bakhe abahambisanai nalokho. Ngisho noma ephikisana nemibono yabanye abantu, kodwa uhlala njalo ezithobile. UDaniyeli, umthenwa wenkantolo yenkosy yamaKhaledi, wema wabambelela emithethweni kaNkulunkulu ephikisana nemiyalelo yenkosy uqobo Iwayo.

Inkosi yakhulumia ku-Ashiphenazi, induna yabathenwa bayo, ukuba athathe kubantu bakwa-Israyeli abozalo Iwenkosy nezikhulu, abalethe kuyo. Aqoke abafana abangenasici, ababukeka kahle, abanengqondo ekuhlakanipheni konke, abanolwazi ekwazini, abanokuqonda ekwazini, abanamandla okukhonza endlini yenkosy; abafundise izincwadi nolimi IwamaKhaledi. Inkosi yabamisela isabelo semihla ngemihla sokudla kwenkosy nesewayini

eliphuzayo, ukuba bondliwe iminyaka emithathu; kuyakuthi ngasekugcineni kwayo, bame phambi kwenkosi.

Kulabo kwakukhona abantu bakwaJuda: uDaniyeli, uHananiya, uMishayeli, no-Azariya. Induna yabathenwa yabaqamba amagama; uDaniyeli yamqamba ngokuthi uBhelitheshazari, uHananiya waba nguShadiraki, uMishayeli waba nguMeshakhi, no-Azariya waba ngu-Abhedi Nego.

Kepha uDaniyeli wazimisela enhliziyweni yakhe ukuba angazingcolisi ngesabelo sokudla kwenkosi nangewayini eliphuzayo; wayesecela enduneni yabathenwa ukuba angazingcolisi.

UDaniyeli 1:3-8

## Uba ngaphezu kokungalungile

Uyatthelela. UStefani, owaba yikholwa lokuqala ukufela inkolo kaKhristu, wakhandwa ngamatshe ngamaJuda ngoba wayeshumayela iVangeli ngokungesabi. Kwathi ngamazwi akhe okugcina, wanxusa uNkulunkulu ukuba angababaleli isono sokumbulala ababulali bakhe.

Bekuzwa lokho, bahlabeka ezinhliziyweni, bamgedlela amazinyo. Kepha yena, egcwele uMoya oNgcwele, wagqolozela ezulwini, wabona inkazimulo kaNkulunkulu, noJesu emi ngakwesokunene sikaNkulunkulu, wathi: “Bheka, ngibona izulu livuliwe, neNdodana yomuntu imi ngakwesokunene sikaNkulunkulu.”

Base bekhamuluka ngezwi elikhulu, bavala izindlebe, bamthelekela kanyekanye, bamkhiphela ngaphandle komuzi, bamkhanda ngamatshe. Ofakazi babeka izingubo zabo ngasezinyaweni zensizwa ogama layo kuthiwa nguSawula.

UStefani bamkhanda ngamatshe, yena ekhuleka, ethi: “Nkosi uJesu, yemukela umoya wami.”

Wayeseguqa phansi, wamemeza ngezwi elikhulu, wathi: “Nkosi, ungababaleli lesi sono.”

Esekushilo lokho walala ubuthongo.

IZenzo 7:54-60

Akaphindiseli. Ngaphandle kwsizathu, inkosi uSawule yayifuna ukubulala uDavide owaysemncane ngaleso sikhathi. Langa limbe uDavide waba nethuba elihle kakhulu lokuqedu nya ngoSawule. USawule wayengene emhumeni ngokwakhe. Ukuba wayethanda, uDavide wayengakwazi ukuqedu nya ngoSawule owayengasole lutho nowayelapho naye wayecashe khona endaweni yakhe emhumeni omnyama. Kodwa uDavide wenqaba ukuziphindiselela kwisitha sakhe. Kwathi lapho engabonwa, uDavide wasika isicucu sengubo kaSawule, kanti ngokwenza njalo, wayezibonisa ukuthi yena akanacala. Kwathi ngokuhamba kwsikhathi uDavide waqonda kuSawule wafike wakhulumu naye ngalokho ayekwenzile.

“Uwalaleleleni amazwi abekhulunywa ngabantu abathi: ‘Bheka, uDavide ufunu ukukulimaza’? Uyabona-ke, namuhla uzbonele ngawakho amehlo

ukuthi uSimakade ubekunikele esandleni sami emgedeni. Abanye bathe mangikubulale, kepha ngakuhawukela, ngathi: ‘Angisoze ngiyibulale inkosi yami, ngokuba ingogcotshiweyo kaSimakade.’ Futhi-ke baba, awubheke nanku umphetho wengubo yakho esandleni sami ngokuba ngiwusikile, angikubulalanga. Yazi, ubone ukuthi akukho nhoso embi kimi ngawe; angikonanga ngalutho, kodwa nguwe ozingela impilo yami ukuze ungibulale. USimakade makehlulele phakathi kwami nawe; uSimakade angiphindiselele kuwe, kodwa isandla sami asiyukuba phezu kwakho. Kunjengesaga sasendulo esithi: ‘Kwababi kuvela ububi,’ yingakho-ke njе isandla sami singeke sikubulale.

“Inkosi yakwa-Israyeli iphumele ukulandela bani na? Uxosha bani? Ukuhubha inja efileyo, intwakumba eyodwa njе. USimakade makabe ngumehluleli, ehlulele phakathi kwami nawe, abheke, angimele, angikhulule esandleni sakho.”

Kwathi uDavide eseqedile ukukhuluma lawo mazwi kuSawule, uSawule wathi: “Ngabe yizwi lakho leli, ndodana yami, Davide, na?”

USawule wadazuluka, wakhala.

# UNGUMHOLI NGOKOMOYA

Uzimisele ukuhola ngokukamoya uma kudingeka ukuba enze njalo. Akasiyena umfundisi, kepha uyalalela uma uNkulunkulu embizela ebufakazini, ukusiza labo abadinga ukwelekelelwa ngokukamoya, futhi ahole abantu ababuyisele kuNkulunkulu. Ulalela uNkulunkulu futhi udlala indima yakhe eBandleni.

**Bese wena uthola ukuthi: Ngiyindoda!**

Uzimisele ngokusabela eze ngaphambili uma uNkulunkulu embiza UNkulunkulu wabona ukuthi umhlaba wonakele, ngokuba bonke abantu babeziphethe kabi emhlabeni.

UNkulunkulu wathi kuNowa: "Senginqume ukubabhubhisa bonke abantu, ngoba umhlaba ugcwele ubudlova ngenxa yabo. Bheka, ngizobabhubhisa nomhlaba. Wena zakhele umkhumbi ngezingodo zomgoferi, uwakhe ube namakamelo, uwubhixe ngebhithumeni ngaphakathi nangaphandle."

UNowa wakwenza konke lokho uNkulunkulu ayemyale ukuba akwenze.

[I Genesisi 6:12-14,22]

**Ukhuthaza abantu abasha ukuthi bame ekukholweni**

UPawula, umphostoli kaKhristu uJesu, ngokomyalo kaNkulunkulu uMsindisi wethu nokakhristu uJesu ithembu lethu, KuThimothewu, umntanami isiminya okholweni: makube kuwe umusa, ububele nokuthula okuvela kuNkulunkulu uBaba nakuKhristu uJesu iNkosi yethu.

Thimothewu mntanami, ngikunika lo myalo njengokweziprofetho ezandulelayo ngawe, ukuze ngazo ulwe ukulwa okuhle, unokukholwa nonembeza omuhle, abanye abakulahlile, bafelwa ngumkhumbi wabo wokukholwa, kulabo kuhkona uHimenewu no-Aleksandru, engibanikele kuSathane, ukuze bayalwe ukuba bangahlambalazi.

[1 KuThimothewu 1:1-2,18-20]

**Uyalimela iqiniso ezindabeni zikamoya**

Uphostoli uPawula wakhulumaka kakhulu ephikisana ngokudukisa kwamanye amakholwa awayeseqalile enza okuphambene neqiniso leVangeli.

Kepha lapho uKhefase efika e-Antiyokhe, ngamelana naye ubuso nobuso, lokhu wayenecala. Ngokuba bengakafiki abanye ababevela kujakobe, wayedla nabezizwe, kodwa lapho sebefikile, wamonyuka, wazehlukanisa nabo, ngokuba esaba abokusoka. Nabanye abajuda bazenzisa njengaye, noBharnabha waze wathatheka ngokuzenzisa kwabo.

Kepha lapho ngikubona lokhu ukuthi abahambi ngokufanele iqiniso levangeli, ngathi kuKhefase phambi kwabo bonke: "Uma wena ungumJuda uziphatha njengowezizwe, hhayi njengokwabajuda, pho baphoqelwani abezizwe ukuba baphile njengabajuda na?"

[KwabaseGalathiya 2:11-14]

## Uhlomisa abanye ngeqiniso leVangeli

UmJuda othile, ogama lakhe kungu-Apholo, wase-Aleksandriya ngokudabuka, indoda efundile futhi enolwazi olunzulu emibhalweni, wafika e-Efesu. Yena wayeyifundisiwe indlela yeNkosi, evutha emoyeni, wakhulumwa, wafundisa ngokucacile ngezindaba eziqondene nojesu, kodwa wayazi kuphela umbhabhadiso kaJohane. Waqala ukushumayela ngesibindi esinagogeni, kwathi ukuba bamuzwe oPhrisila no-Akhwila, bamthatha bamcaciela kahle indlela kaNkulunkulu.

IZenzo 18:24-26

Yena nomndeni wakhe bayisibonelo  
esihle sokuzinikela kuNkulunkulu

“Manje mesabeni uSimakade, nimkhonze ngobuqotho nangeqiniso, nibasuse onkulunkulu ababekhonza ngokhokho besengaphesheya komfula naseGibhithe, nikhonze uSimakade. Uma kukubi emehlwani enu ukukhonza uSimakade, khethani namuhla ukuthi ngubani eniyakumkhonza, noma ngonkulunkulu ababekhonza ngokhokho benu besengaphesheya komfula, noma ngonkulunkulu bama-Amori enihlala ezweni lawo, kepha mina nendlu yami siyakumkhonza uSimakade.”

Ujoshua 24:14-15

Ulandela uNkulunkulu kuze kube sekupheleni

Njengoba impilo yakhe yayisiya ngasekupheleni, umphostoli uPawula  
wayesakwazi ukubhala:

Ngokuba mina sengivele ngiyanikelwa, nesikhathi sokumuka sesifikile. Ngikulwile ukulwa okuhle, ngiliqedile ibanga, ngikugcinile ukukholwa; manje sengibekelwe umqhele wokulunga eyakungipha wona ngalolo lusuku iNkosi, umehluleli olungileyo, kungeyimi ngedwa, kodwa bonke abakuthandile ukubonakala kwayo.

2 KuThimothewu 4:6-8

## Ushiya ngemuva igama elihle langokukamoya

Kodwa wena walandela ngokucophelela imfundiso yami, ukuziphatha, umgomu, ukukholwa, ukubekezelwa, uthando, ukuhlupheka, ukuhlushwa nezinhlupheko ezangehlela e-Antiyokhiya, e-Ikhoniyu naseListra. Izinhlupheko engazihluphekayo, ngazibekezelwa, iNkosi yangikhulula kukho konke. Yebo, bonke abathanda ukuphila ngokumesaba uNkulunkulu bekuKhristu uJesu, bayakuzingelwa. Kepha abantu ababi nabakhohlisi bazakudlebeleka ebubini, badukise, njengokuba bedukisiwe. Kodwa wena bambelela kulokho okufundile nowakukholwa, wazi ukuthi ukufunde kobani, nokuthi kwasebuntwaneni wayazi imibhalo engcwele, enamandla okuhlakaniphisa, kube yinsindiso ngokukholwa kuKhristu uJesu.

2 KuThimothewu 3:10-15

# NGEZINYE IZIKHATHI UYAHLUSHWA

Uyakuqaphela ukuthi akusiyona yonke into ehamba kahle empilweni yakhe. Naye uyalimala uma kwenzenka izinto ezingezinhle kuye, kwesinye isikhathi lezo zinto zenzenka ngenxa yokwehluleka kwakhe ukukhetha kahle. Kodwa futhi kubuye kube nezimo ezimlimazayo naye angeke akwazi ukuzilawula. Ngezinye izikhathi ukuthola kunzima ukwehlukana nemuva lakhe, kodwa ngesikhathi esifanayo uyakwazi ukukhuluma noNkulunkulu mayelana nokuhlushwa kwakhe futhi abhekane nobuhlungu bakhe. Bese ebona-ke ukuthi usengaqaala kabusha, naphezu kwazo zonke izinto okungenzenka ukuba zenzekile kuye phambilini.

**Bese wena uthola ukuthi: Ngiyindoda!**

Nakuba emkhonza uNkulunkulu, izinto  
ezingeziinhle zisenze ka nakuye

Kwathi ngolunye usuku, lapho amadodana namadodakazi kajobe edla, ephuza iwayini endlini yezipulo lakhe, kwafika isigijimi kuJobe, sathi: "Izinkabi bezilima, izimbongolo ziklabe eduze nazo, ngesikhathi kufika amaShebha akuthumba, abulala izinceku ngenkemba; yimina nje ngedwa engiphunyulile, ukuze ngizokubikela."

Sisakhulum, kwafika esinye, sathi: "Kwehle umlilo kaNkulunkulu uvela ezulwini, washisa izimvu nezinceku, wakuqothula; yimina nje ngedwa engiphunyulile, ukuze ngizokubikela."

Sisakhulum, kwafika esinye, sathi: "AmaKhaledi enze amaviyo amathathu, ahlasela, athumba amakameli, abulala izinceku ngenkemba; yimina nje ngedwa engiphunyulile, ukuze ngizokubikela."

Sisakhulum naleso kwafika esinye, sathi: "Amadodana namadodakazi akho abedla, ephuza iwayini endlini yendodana yakho endala, kwase kufika esikhulu isishingishane sivela ngasehlane, sawashaya omane amagumbi endlu, yawela phezu kwabantwana, bafa ujuqu. Yimina nje ngedwa engiphunyulile, ukuze ngizokubikela."

UJobe wayesesukuma, waklebhula isembatho sakhe, waphuca ikhanda lakhe, wawela emhlabathini, wakhuleka, wathi:

"Ngaphuma ngize  
esizalweni sikamame,  
futhi ngizobuyela  
khona ngize.  
USimakade usisile,  
uSimakade usethathile;  
malibongwe igama likaSimakade."

Sekwenzekile konke lokhu uJobe akazange one, akamthelanga ngehlazo uNkulunkulu.

UJobe 1:13-22

## Uhlaselwa yisifo esingelapheki

Ngalezo zinsuku uHezekiya wagula; kwakwembulwa kwembeswa. Kwafika kuye u-Izaya, umphrofethi, indodana ka-Amose, wathi kuye: "Usho kanje

uSimakade, uthi: 'Yaleza endlini yakho, ngokuba awuyukusinda, uyakufa nokufa.' "

2 AMakhosi 20:1

Uthatha ubuhlungu bakhe abubhekise eNkosini.

Waphendula ubuso bakhe, wabheka ngasodongeni, wakhuleka kuSimakade, wathi: "Simakade, ngiyakuncenga, ake ukhumbule ukuthi ngihambile phambi kwakho ngeqiniso, nangenhliyo epheleleyo, ngenza okuhle phambi kwakho."

UHezekiya wadazuluka wakhala kakhulu.

2 AMakhosi 20:2-3

Uhlushwa ngenxa yezinqumo ezingafanele ezathathwa yingane yakhe

U-Isaka noRibheka babengathokozile neze mayelana nabafazi ababili u-Esawu ayebathathile.

U-Esawu wakhula waze wahlanganisa iminyaka engama-40. Wayeseganwa nguJudithi, indodakazi kaBheri, umHithi, noBhasematha indodakazi ka-Eloni, umHithi. Labo malokazana baletha olukhulu usizi emphefumulweni ka-Isaka noRibheka.

IGenesis 26:34-35

## Izinto azenzile phambilini ziyamlandela

UMose wasuka endlini yenkosi wabona ukuthi abantu bakhe babehlushwa kanjani ngaphansi kwamaGibhithe. Langa limbe wahlangana nowaseGibhithe ehlupha omunye wabo. Ngokucasuka okukhulu, uMose wambulala owaseGibhithe wagqiba umzimba wakhe esihlabathini.

Ngakusasa lapho ephuma, nanka amadoda amabili amaHebheru elwa;

wayesethi kuleyo ndoda eyayonile: "Umshayelani umfowenu na?" Yaphendula yathi: "Ngubani okubeke inkosi nomehluleli phezu kwethu na? Ufuna ukungibulala njengalokhu ubulele umGibhithe na?"

UMose wayesesaba, wacabanga wathi: "Impela lokhu sekuyaziwa."

Lapho uFaro esezwile ngalokho wafuna ukumbulala uMose.

Kepha uMose wabaleka phambi kukaFaro, wayohlala kwaMidiyani, wahlala phansi eduze komthombo.

Kwakukhona umphristi kwaMidiyani agcwalise imikhombe ukuze imfuyo  
owayenamadodakazi ayisikhombisa; kayise iphuze.  
eza ezokukha amanzi, ukuba

I-Eksodus 2:13-16

## Kunobuthakathaka empilweni yakhe

Lobu buthakathaka bumlethela ubuhlungu kodwa uyalwisana nabo ngomusa kaNkulunkulu.

Ngakho-ke ukuze ngingaziphakamisi kakhulu, nganikwa iva emzimbeni, ukuba ingelosi kaSathane ingimukule, funa ngiziphakamise kakhulu. Mayelana nalokhu, ngayinxusa iNkosi, amahlandla amathathu, ukuba ilisuse kimi. Kodwa yathi kimi: "Umusa wami ukwanele, ngokuba amandla ami ayapheleliswa ebuthakathakeni."

Ngakho-ke kunalokho ngiyakujabulela ukuzigabisa ngobuthakathaka bami, ukuze amandla kaKhristu ahlale phezu kwami. Ngalokho ngiyathokoza ebuthakathakeni bami, ekwedeletleni, ebunzimeni, ekuhlushweni, nasebunzimeni bonke ngenxa kaKhristu, ngokuba uma ngibuthakathaka, kulapho-ke nginamandla khona.

2 KwabaseKhorinte 12:7b-10

## Ngezinye izikhathi uzizwa enesizungu futhi engenamandla

Nkulunkulu wami,  
Nkulunkulu wami,  
ungishiyeleni na?  
Ukude namazwi  
okububula kwami  
nokusindiswa kwami.  
Nkulunkulu wami,  
ngikhala emini,  
kepha awuphenduli,  
nasebusuku, ngingabi nakuthula.

Kepha Wena ungoNgcwele,  
uhlezi ezibongweni zika-Israyeli.

Ungabi kude nami,  
ngokuba inhlupheko iseduze,  
akekho ongsizayo.

Ngihaqwe yizinkunzi zaseBhashani  
eziningi, ezinamandla, zingizungezile.  
Zingikhamiseli imilomo yazo  
njengehubesi elibhodlayo nelidwengulayo.  
Ngichithiwe njengamanzi;  
kuxega wonke amalungu ami.

Inhlizyo yami incibilika  
njengengcina ezibilini zami.  
Umlomo wami wome njengodengezi,  
ulimi lunamathele olwangen;  
ungilalise othulini lokufa.

AMahubo 22:1-3,11-15

Kodwa uyakuqonda ukuthi uNkulunkulu uzophinda amsize futhi  
Ngiphakamisela amehlo ami ezintabeni,  
usizo Iwami luyakuvelaphi na?  
Usizo Iwami luvela kuSimakade,  
owenzile izulu nomhlaba.

Akayukuluvumela unyawo Iwakho lushibilike;  
okulondayo akozeli.  
Impela olonda u-Israyeli akozeli,  
futhi akalali.

USimakade ungumvikeli wakho,  
uSimakade ungumthunzi wakho  
ngasesandleni sakho sokunene.  
Ilanga aliyukukushaya emini,  
nenyanga ebusuku.

USimakade uzokuvikela kukho konke okubi,  
awugcine umphefumulo wakho.  
USimakade uylolondoloza ukuphuma kwakho  
nokungena kwakho,  
kusukela manje kuze kube phakade.

AMahubo 121:1-8

Uyazi ukuthi usengakwazi ukuqala  
kabusha, yize enemuva elingelihle

UNKULUNKULU wambizela empilweni  
entsha uPawula, naphezu kokuba  
wayehluphe iBandla likaKhristu Jesu.  
UPawula wafakaza esithangamini  
ngalokhu phambi kwenkosi  
**u-Agripa:**

“Kwathi ngiya eDamaseku ngegunya  
nangemvume yabaphristi abakhulu,  
emini bebade, nkosi, ngisendleleni,  
ngabona ukukhanya okuvela ezulwini,  
okwedlula ngisho ukukhazimula  
kwelanga, kwangikhanyisa nxazonke

kanye nababehamba nami. Kwathi  
sonke sesiwe phansi emhlabathini,  
ngezwa izwi lithi kimi ngolimi  
lwesiHebheru: ‘Sawula, Sawula,  
ungihluphelani na? Kulukhuni kuwe  
ukukkahlela ezinkandini.’

“Kepha ngathi: ‘Ungubani,  
Nkosi, na?’ INkosi yathi: ‘Mina  
nginguJesu omhluphayo. Sukuma  
ume ngezinyawo zakho, ngokuba  
ngibonakele kuwe ukuze ngikubeke  
ube yisikhonzinofakazi walokhu,  
wokuthi ungibonile nowalokho

engizakuzibonakalisa kuwe ngakho. Ngizakukusindisa esizweni sakini nakwabezizwe engikuthumela kubo, ukuze uvule amehlo abo basuke ebunyameni, baphendukele ekukhanyeni, basuke emandleni kaSathane, baphendukele

kuNkulunkulu, baze bamukeliswe ukuthethelelwa kwezono nesabelo phakathi kwalabo abangcweliswe ngokukholwa kimi.’”

“Ngalokho, nkosi Agripa, angizange ngingawulaleli umbono wasezulwini.”

[Zenzo 26:12-19]

Uyazi ukuthi uNkulunkulu unaye ngaso sonke isikhathi, ngisho noma ehlushwa

**UJosefa wabuzwa ubukhona bukaNkulunkulu, ngisho noma wayesolwa kungafanele futhi wafakwa etilongweni.**

Esewezwile amazwi akhulunywe ngumkakhe, ethi: “Ingiphathe kanjalo inceku yakho,” wathukuthela wagana unwabu. Umphathi wamthatha uJosefa, wamgquma ejele, lapho kwakuvallelwa khona iziboshwa zenkosи.

USimakade wayenaye uJosefa, wamenzela umusa, waba nogazi kumphathijele. Umphathijele wambeka uJosefa waba yinduna yabo bonke ayevalelwе nabo, kubuzwa kuye konke okwakwenzeka lapho. Umphathijele akabange esazikhathaza ngalutho, ngokuba konke kwakusesandleni sikaJosefa, futhi uSimakade wayemphumelelisa kukho konke akwenzayo.

[IGenesis 39:19-23]

Yize ehlushwa, kepha uyazi ukuthi uNkulunkulu unecebo elikhulu kakhulu ngempilo yakhe

**Naphezu kokuhlukunyezwa okwenziwa ngabafowabo bakajosefa kuye, wayethi uma ebheka emuva asibone isandla sikaNkulunkulu empilweni yakhe.**

UJosefa wathi kubafowabo: “NginguJosefa. Ubaba usaphila na?”

Abafowabo abakwazanga ukumphendula, ngoba babethuke kakhulu.

UJosefa wathi kubafowabo: “Sondelani kimi.”

Basondela, wayesethi kubo:

“NginguJosefa umfowenu, enathengisa ngaye eGibhithe. Manje ningabe nisakhathazeka, futhi ningazisolи ngokuthi nangidayisa, ngokuba nguNkulunkulu owangithumela ukuba nginandulele ukuze ngilonde impilo. Niyayibona le ndlala ekhona ezweni isathathe iminyaka emibili, isazoqhubeka eminye emihlanu kungalinywa, kungavunwa. UNkulunkulu wangithuma ukunandulela ukuze nibe yinsali emhlabeni, nisindiswe, kukhululwe abaningi. Ngakho-ke akunina enangithuma lapha, kodwa nguNkulunkulu ongenze uyise kaFaro, nombusi ophethe endlini yakhe, naphezu kwezwe lonke iGibhithe.”

[IGenesis 45:3-8]

Udumisa uNkulunkulu naphezu kokuhlushwa kwakhe  
UPawula noSila bahlushwa ngoba babeshumayela iVangeli likaKhristu Jesu.

Isixuku sabavukela, izinduna zayalela ukuba bakhunyulwe izingubo, bashaywe ngezinduku. Sebebashayile imivimbo eminingi, bagqunywa etilongweni. Izinduna zayala umgciniziboshwa ukuba abaqaphelisise impela. Kwathi eseyalwe kanjalo, qede wabafaka ejele elingaphakathi, wabophela izinyawo zabo ogongolweni.

Kepha phakathi nobusuku uPawula noSila bekhuleka bedumisa uNkulunkulu ngamahubo, iziboshwa zazibalalele.

# UHLALELA ETHEMBENI

Phakathi kokudideka kanye nezinhlupheko zempilo, ubambelele ethembeni lokuthi uNkulunkulu uyahlinzeka. Uyakwazi ukubuka edlule izimo abhekene nazo futhi uhlala njalo enethemba ngoba uyazazi ukuthi yena ungokaKhristu, ekufeni nasekuphileni, ngakho-ke unekusasa.

**Bese wena uthola ukuthi: Ngiyindoda!**

Uyazi ukuthi, ngoNkulunkulu, angakwazi  
ukubhekana nekusasa

Yize ikusasa lingaziwa futhi ngezinye izikhathi lethusa, kepha yena uyazi ukuthi ikusasa lakhe lisezandleni zikaNkulunkulu. Ngisho noma ngabe yikuphi lapho izindlela zempilo zimholela khona, uyazi ukuthi uNkulunkulu uyohlala ekhona njalo enaye eceleni kwake.

UMose wambiza uJoshuwa, bebuka bonke abantu bakwa-Israyeli, wathi kuye: "Qina, ume isibindi, ngokuba uyakuhamba nalaba bantu uye ezweni uSimakade afunga kokhokho babo ukubanika lona. Nguwena oyakwenza ukuba balidle ifa lalo. USimakade nguye ohamba phambi kwakho; uyakuba nawe; akayukukulahla, akushiye; ungesabi, ungashaywa luvalo."

IDutheronomi 31:7-8

Ngokukholwa, u-Abrahama walalela ebizwa ukuba aphume aye endaweni abezakuyamukelisa, ibe yifa lakhe; waphuma engazi lapho eya khona. Ngokukholwa, waba ngumfokazi ezweni lesithembiso, izwe angalazi, ehlala emathendeni beno-Isaka noJakobe, ababeyizindlalifa kanye naye zaleso sithembiso, ngokuba wayebheke umuzi onezisekelo, omdwebimumo nomakhi wawo kunguNkulunkulu.

KumaHebheru 11:8-10

Ubona uNkulunkulu ezindaweni abengalindele neze  
ukuthi ubengambona khona empilweni yakhe

Lapho engazi ukuthi ikusasa limphatheleni, uJakobe waya ezihotsheni zikanina ezazihlala ezweni ayengalazi. Ngobunye ubusuku, uNkulunkulu wazineva kuye eceleni kwendlela lapho ayelele khona.

USimakade wema eduze kwakhe, wathi kuye: "NginguSimakade uNkulunkulu kayihlomkhulu, u-Abrahama nokayihlo u-Isaka, leli lizwe olele kulo ngiyakulabelo wena nezizukulwane zakho. Izizukulwane zakho ziyoba ngangothuli lomhlaba, ujosabalalela entshonalanga nasempumalanga, enyakatho naseningizimu; izizwe zonke zomhlaba ziyobusiswa ngawe nangezizukulwane zakho. Yazi ukuthi nginawe; ngizokuvikela noma kuphi

Iapho uya khona, futhi ngiyokubuyisela kuleli lizwe, ngokuba anginakukushiya ngize ngikwenzele lokho engikwethembise khona.”

UJakobe waphaphama ebuthongweni, wathi: “Nembala uNkulunkulu ukule ndawo, bengingazi.”

Ekhungethwe wuvalo, wathi: “Yeka ukwesabeka kwale ndawo! Akusikho okunye, yindlu kaNkulunkulu, futhi leli yisango lezulu.”

IGenesisi 28:13-17

## Uyazi ukuthi kunempilo emlindile ngemuva kokufa

Nakuba umphostoli uPawula wayenebandla elikhulu emhlabeni, kwakuyisifiso sakhe ukushiya leli lizwe lokona akwazi ukuyohlangana noKhristu enkazimulweni kwingunaphakade.

Ngiyalangazelela, futhi ngethemba ukuthi akukho lutho oluzongijabhisa, kodwa ngizokuba nesibindi esanele ukuze njengokuba kuhlala kwenzeka, uKhristu enziwe mkhulu emzimbeni wami, noma kungokuphila noma kungokufa. Ngokuba kimina ukuphila kunguKhristu, ukufa kuyinzozo. Kepha uma ukuphila kulo mzimba kuyisithelo somsebenzi kimi, engizakukukhetha angikwazi. Manje ngimanqikanqika; nginesifiso sokumuka ngibe noKhristu, ngokuba yilokho okuhle kakhulu; kanti futhi ukuhlala kulo mzimba kudingke kakhulu ngenxa yenu.

KwabaseFilippi 1:20-24

## Ukulindele ngamehlo abomvu ukubuya kukaKhristu

UPawula waphinda futhi wakhuthaza abazalwane ukuthi kumele bahlale belindele ukubuya kukaJesu.

Bazalwane, mayelana nezikhathi nangemizuzu, aniswele ukulotshewla ngakho, ngokuba nina luqobo niyazi ukuthi usuku lweNkosi luza njengesela ebusuku. Uma bethi: “Ukuthula nokuhlala kahle,” khona ukubhujiswa kuyakubazuma njengemihelo ifikela okhulelwego; kabasoze baphunyuka.

Kepha nina bazalwane anikho ebumnyameni, ukuze lolo suku lunifice ningazelele, njengesela, ngokuba nina nonke ningabantwana bokukhanya, nabantwana bemini; asisibo abobusuku noma abobumnyama. Ngakho-ke masinalali njengabanye, kodwa masiqwashe, sizithibe. Ngokuba abalalayo balala ebusuku, nabidakwayo badakwa ebusuku. Kepha thina esingabemini masizithibe, sifake isivikelo sesifuba sokukholwa nesothando, isigqoko sibe yithemba lokusindiswa, ngokuba uNkulunkulu kasimiselanga ulaka, kodwa ukuba sizuze ukusindiswa ngeNkosi yethu uJesu Khristu, owasifelayo; ukuba noma siqwashile noma silele, siphile kanye naye. Ngakho-ke gqugquzelanani, nakhane njengalokhu nenza.

1 KwabaseThesalonika 5:1-11

# ISIPHETHO

Izingxene zemiBhalo ezikule ncwajana zibalula iminxu eyahlukene yokuba wumuntu nesabenza ngisho nakubantu banamhlanje. Imikhuleko yethu eyokuthi le ncwajana izokusiza ukuthi ukwazi ukuqonda iqiniso elibhekene nabantu banamhlanje ngokugcwele. IBhayibheli alikufihli ukuthi umhlaba ngezinye izikhathi uyahlabu kanye nokuthi nabantu abaseBhayibhelini imilenze yabo iwubumba. Ungaba nesiqiniseko sokuthi nakanjani, uzothola ithemba emiBhalweni ukunqoba kunoma yiziphi izimo okungenzeka uzithole usukuzona. Uzoyithola indlela yakho uma isikulahlekele. Uzophakanyiswa uphinde ududuzwe uma uye wawa futhi walimala. Le miBhalo ikuphosela inselelo kabusha ukuthi wenze umsebenzi kanye nalokho okulindeleku kuwe njengomuntu ohamba ngokukholwa. Sengathi izingxene zemiBhalo ezikule ncwajana zingakugqugquzelu futhi zikuphonsele inselelo ezimweni zakho ezingefani nezabanye abantu.